



R+F MONTESSORI HIGH CONTRAST FLASH CARDS

Introducing your newborns to Montessori Activities at an early age has many benefits including stimulating brain activity, training eye focus and building other fine motor skills.

Step 1:

Print out our Rascal + Friends high contrast flash cards.

Step 2:

Place your baby on the floor either on their back or on their stomach to encourage tummy time.

Step 3:

Encourage your baby to follow each card by slowly moving it back and forth in front of your baby's face.

Step 4:

Watch as your baby focuses on each image and follows the card with their head and eyes.



Rascal
+ Friends™





